

5. **His truth**, wisdom, knowledge, revelation, understanding, counsel, word of knowledge, word of wisdom, discernment of spirits, prophecy, tongues, and interpretation of tongues. *Jn 16:13, 1Jn 2:27, Is 11:1,2, 1Cor 12:7-11.*

Please refer to No 223, “Pastors’ Notes”

The **Communion Service**, *1Cor 11:23-26*, reminds us of these two truths:
IN CHRIST and **CHRIST IN US**.

The Cup, *1Cor 10:16, 1Cor 11:25*, represents what Christ has done for us, that is, our position and inheritance **IN CHRIST**. God said, “When I see the blood I will pass over you,” *Ex 12:13*. That night, in Egypt, the people of God were **IN CHRIST**, under His Blood of redemption, safe and secure from God’s judgment.

The Bread, *1Cor 10:16, 1Cor 11:24*, represents the life of **CHRIST IN US**, bringing to us strength, healing, health and life, or as we mentioned above:

His love and all the gifts of the Spirit,
His righteousness in all our behaviour,
His authority and power,
His truth, wisdom and knowledge.

With regard to *1Cor 11:27-30*, please note that if “eating and drinking unworthily,” v27,29, produces “weakness, sickness and death”, then eating and drinking **worthily** must produce in us, **strength, healing, health and life**. Amen!

When we come to the communion table, let us make sure that we come with right attitudes in our hearts towards other believers. Right attitudes include mercy, forgiveness, release of others from all judgment, and prayer for God’s blessing to be upon all with whom we have had differences. *Jam 2:13, Jam 4:11,12, Mat 6:14,15, Mat 7:1-5, Mk 11:25,26, Lk 6:27-38, Rom 14:4.*