

Praise and thanking God is the power of Heaven, that opens the door for the King of Glory to come in, and destroy the works of evil attacking us and robbing us. *Jn 10:10*. The “thief” comes to rob us of sleep, health, peace, truth, finance, family harmony, joy, strength, wisdom, understanding, authority, power, life, vision and so no.

This is the message of *Psalms 24:7-9*. **As we lift up the gates of praise**, thanksgiving, rejoicing in the Lord and His Word, the King of Glory comes in. He is the Lord strong and mighty, the Lord mighty in battle. He is also the Lord of armies or hosts. The gates are the gates of praise as mentioned in *Isaiah 60:18*, and *Psalms 100:4*.

“The battle is the Lord’s battle”. *1Sam 17:47, Ex 14:13,14, 2Chron 20:15, Ps 44:3, Ps 60:12, Deut 1:30*.

We can see examples of this in *2Chron 20:22, Josh 6:2-5, Act 16:25-34, Ps 8:2 + Mat 21:9-16, Ps 22:3, Ps 68:1-4*.

Paul and Silas were in prison. *Ac 16:23*. At midnight they praised the Lord with a loud voice. *Ac 16:25*. At this point the King of Glory came, in a mighty earthquake. Their chains fell off, the prisoners were set free, and the Jailer and his whole household were saved. The church of the Lord Jesus Christ was established in Philippi.

I experienced this in East Africa, at Arusha, Tanzania, where there is much witchcraft. I was lying awake unable to sleep for most of the night. I had been teaching on the Priesthood and sacrifices of the Old Testament. The Lord said to me, “You are offering the morning sacrifice of praise to Me, now offer the evening sacrifice of praise to Me before you go to bed.” As I did this, the Presence of the Lord came and destroyed the powers of the evil one robbing me of sleep, and I slept a full seven hours. *Exodus 29:38,39*.

***Philippians 4:4-7* shows us the keys of breakthrough.**

V4, rejoice and praise the Lord with all your heart. Use the Scriptures the Lord has given you to do this. *Jer 15:16*.

V5, exercise self control and overcome your feelings of “I can’t be bothered”. *Psalms 34:1*.

V5, praise the Lord that He is right there with you. *Heb 13:5,6*.

V6, refuse fear. *2Tim 1:7*. Claim the Blood of Jesus and praise Him. Break off you all fear and command it to go.

V6, pray about your need and claim the Promises of God with praise. *2Pet 1:4*.

V6, ask God for help. Praise and thank Him for the answer. *Jn 16:23*.

V7, God’s peace of full salvation will come to you as you rejoice in Him.

***Psalms 150* helps us to know how to praise the Lord.**

V1, **Praise God in His Holy Place and for His holiness.** You are in His Holy Place as a believer in Him. *Heb 10:19*.

His holiness is all He is. It is His **love, mercy, goodness, kindness, righteousness, justice, power, authority, rule, reign, truth, wisdom, revelation, understanding and unchanging eternal nature.**

V1, **Praise God in and for the greatness of His power.** *Gen 1:2, Gen 18:14, Jer 32:17, Num 11:23. This is the Holy Spirit. Mic 3:8, Ac 10:38*. The Holy Spirit is the Hand of God that does the work of God. *Rom 8:11, 2Kin 3:15, Ac 4:30*. Jesus said, “With men it is impossible, but not with God, for with God all things are possible”. *Mk 10:27*. We are baptised with the Holy Spirit and the power of God. *Ac 1:8, 2Tim 1:7, Mk 9:23, Eph 3:20, Eph 1:19*.

V2, **Praise God for His mighty acts. This focuses on Jesus and what He has done for us** in coming to this earth to be our Saviour. Praise the Lord for His birth, His life and ministry, His death, burial, resurrection and ascension to the throne of God, with all authority in Heaven and earth. *Mat 1:23, Lk 1:35, Heb 1:2,3, Eph 1:20-23, Ac 10:38, Phil 2:5-11, Mat 28:18*.

V2, **Praise God for His excellent greatness. This focuses on God the Father.** He is the eternal, unchanging, almighty God, Who has created all things, sustains all things, and from Whom all life flows. He is our Father and Jesus said to pray, “Our Father which is in Heaven hallowed be your Name, your Kingdom come, your will be done in earth as it is in Heaven. Give us this day our daily bread and forgive us our sins as we forgive others their sins against us. Lead us not into temptation and deliver us from the evil one. For Yours is the Kingdom, the power and the glory for ever and ever. Amen”.

V3-6 of *Psalms 150* urges us to praise the Lord loudly with our breath and voices and every means possible, all the instruments of praise, and all the CDs, DVDs, tapes and videos.

Finally, the Lord is bringing us into a new place of the power of His Kingdom, where the miraculous is much more evident and **praise is a vital key to our entering in to this new move of God.**